Palmetto Health USC
MEDICAL GROUP

Detailed Diet History- PHUSC Weight Management Center

Patient Name:_____ **DOB:**_____/_____/_____

Name of Diet Program	Date Started	Date Ended	Total Number of Months	Pounds Lost	Pounds Regained
Weight Watchers					
Nutrisystem					
Pritkins					
Scarsdale					
Diet Center					
Jenny Craig					
Dexatrim					
Rice					
Atkins					
Slimfast					
Herbal Diet					
Hypnosis					
Tops					
Calorie Count					
Richard Simmons					
Exercising					
Low Fat					
American Heart Assoc.					
Duke Univ. Program					
Optifast					
Carefast					
Medifast					
Meridia					
Zenical					
Fastin					
Ionamin					
Phenteramine/Fenfluramine					
Redux					
Oatmeal Diet					
Other:					
Other:					
Other:					
Other:					
Other:					
Other:					