## Access to care

Access to primary care and insurance education

1. **SmartExam**
   - Increased utilization by 147 percent from FY 2017–April FY 2018

2. **Mobile Unit**
   - Acquisition of community-based unit will be complete by end of FY 2018

3. **Insurance education**
   - Provided to more than 70 community members in partnership with Palmetto Project and United Way

4. **School-based telehealth**
   - Launched in three Lower Richland schools

## Overweight / Obesity

Lifestyle education and access to healthy food

1. **Education session**
   - Provided to more than 2,000 participants from FY 2017–FY 2018

2. **Cooking classes**
   - Healthy cooking classes offered by FoodShare are underway to highest-need residents in the 29203 ZIP code

3. **Diabetes Prevention Program (DPP)**
   - In FY 2017–FY 2018, DPP participants have averaged a weight loss of 3.61 percent

4. **Programs**
   - Launched and expanded evidence-based youth development programs focused on obesity prevention and reduction

## Hypertension

Enhanced identification and establishment of programs

1. **Check.Change.Control**
   - Launched Check.Change.Control, a new American Hospital Association program, in FY 2017 with an average decrease in diastolic blood pressure (-4.68) and systolic blood pressure (-8.75)

2. **Holy Strokes**
   - Launched Holy Strokes in FY 2017 in partnership with Anil Yallapragada, MD, Palmetto Health, and screened 331 members in 10 churches

3. **Screening services**
   - Expanded screening services to provide blood pressure checks and developed a care coordination model to support program enrollment

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**Supporting partners:**
- SC Department of Health and Environmental Control
- FoodShare
- ScaleDown
- SC Telehealth Alliance
- Richland County Library
- United Way
- Midlands Health Collaborative (school districts, free clinics, LRADAC, mental health and other local agencies)