



ZUMBA[®]

fitness

Exercise Your Way to Heart Health at

Zumbathon[®]

FEB 19
2011

WORLD RECORD
COLUMBIA, SOUTH CAROLINA

STROM THURMOND WELLNESS & FITNESS CENTER

Help Us Break the World Record
for most people doing Zumba[®]

Admission: Free

(donations accepted for patient services at
Palmetto Health Heart Hospital)

Requirement: Event Waiver and a Red Shirt, one of your
own or buy one from us for \$10

8:30-11:30 a.m.

10-10:30 a.m. World Record Session
(No late admittance to session)

Feb. 19, 2011

Strom Thurmond Wellness & Fitness Center
1000 Blossom Street (Corner of Blossom and Assembly)

*All participants also will be registered to win grand prize
- an elliptical trainer

www.28heartdays.com

803-296-2273

